

# 1 IN 7 PEOPLE ENTERING THE HOSPITAL WILL REQUIRE BLOOD.

Blood donations are **safe and essential**. Now, more than ever, your **blood donations are needed to ensure an adequate blood supply for Central Valley patients**. When you donate blood, you never know whose life you may be saving. **Donate today!**



Central California Blood Center

**TOGETHER, LIFE FLOWS FROM HERE.**

[donateblood.org](http://donateblood.org)

**Nikki  
Catallo  
Blood Donor**



**Paisley  
Catallo  
Life Saved**